



Texarkana
Independent School District

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MEDIA RELEASE

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TEXARKANA ISD CHILD NUTRITION DEPARTMENT COOKS UP NEW MENUS FOR 2019-20 SCHOOL YEAR

Texarkana, TX – Texarkana Independent School District Child Nutrition department has cooked up new breakfast and lunch menus for the 2019-20 school year.

“We are committed to increasing student access to whole, fresh foods by embracing clean label commitments and an approach to menu development that decreases the use of processed foods and promotes the use of scratch prepared, chef created, diverse menus featuring locally sourced products,” shared Christie Lammers, Director of Child Nutrition.

Chef created recipes, courtesy of TISD Executive Chef Cory House, have been used in menu development for all groups. Featured are diverse menu options which include ethnic cuisines from India, Asia, Italy, America, Thailand, France, Greece and Mexico. Additionally, vegetarian options will be offered daily as well as whole fresh foods featured on every menu line every day.

Innovative dining opportunities for TISD students will include Food Court dining at secondary level campuses offering up to five (5) themed menu lines featuring 30 daily entrée selections:

- *The Grill – American grill line of an assortment of hot beef & chicken sandwiches on a bun;
- *The Wok – Asian entrees with your choice of yakisoba noodles or fried rice;
- *The Roost – all chicken, all of the time;
- *The Courtyard – not your average nachos and Korean chicken tacos;
- *The Chef’s Corner – featuring a different seasonal chef created menu daily.

Other dining experiences include:

- *Food Carts used to meet students where they are (locker rooms, campus hallways) in order to fuel hungry minds on the move;
- *Tiger Food Truck which will offer a variety of trendy food items in a mobile setting.

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Build Your Own Breakfast Bars will be on all TISD campuses. These custom opportunities feature a choice of eight great grains, four protein sources, fresh whole fruits and 100% fruit juice, a variety of milk selections, vegetarian options, fruit smoothies, fruit & yogurt parfaits and vegetable options for breakfast. Grab & Go breakfast meals are also made available daily.

“We continue to expand healthy food access to our students by offering free breakfast and lunch for all students at the nine Community Eligible Program campuses within TISD and through the USDA’s Child & Adult Care Food Program, we are offering Risk Supper Meals for students participating in after-school programs at qualifying campuses.

The TISD Child Nutrition Department has been recognized by the Texas Department of Agriculture as a Best of the Bunch Award recipient for their efforts in incorporating more Texas products into meals and teaching children about healthy lifestyles and Texas agriculture. It is estimated that over one-fourth of the TISD food budget is spent within the state of Texas.

TISD currently serves as food service manager for many area school districts - Bloomburg ISD, Linden-Kildare CISD, DeKalb ISD, Malta ISD, McLeod ISD, New Boston ISD and Redwater ISD.

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