

Spring Lake Park Elementary

Presents

America's Most Practical and Entertaining Parent Training



A seven-week Parent Training Program designed by the Love and Logic® Institute, Inc.

Would you like to feel more confident as a parent?

Would you like to have more fun parenting?

Would you like to feel more relaxed at the end of the day?

Get answers to:

♥ "How do I get them out of bed in time to catch the school bus?"

♥ "How can I stop my children from bickering and fighting?"

♥ "How do I get my children to help with the chores without an argument?"

♥ "Is there a way to discipline my toddler in public without creating a scene?"

♥ "How can I get my teenage daughter to come home at the agreed-upon time?"

♥ "How do I get him to stop spitting his peas and whining at dinner?"

And many other day-to-day frustrations.



Texarkana
Independent School District

- November 9 Lesson 1: The 4th "R" – Responsibility*
- November 16 Lesson 2: How to Be a "C.O.O.L." Parent in a Hot Situation*
- December 7 Lesson 3: Choices I Can Live With*
- January 11 Lesson 4: Helicopters, Drill Sergeants & Consultants: What Kind of Parent Are You?*
- January 25 Lesson 5: Turning Your Words From Garbage Into Gold*
- February 8 Lesson 6: Empathy & Consequences vs. Anger*
- February 22 Lesson 7: Applying the "C.O.O.L." Formula*

- C - Control that is Shared*
- O - Ownership of the Problem*
- O - Opportunity for Thinking/Decision Making*
- L - Let Empathy & Consequences Do the Teaching*

All workshops are from 6:00 – 7:30 p.m. at Spring Lake Park Elementary School – 4324 Ghio Fish Boulevard

Food and Day Care will be provided.

Please Note: These are progressive workshops. Attendance is encouraged for all 7 sessions.

To register, please complete and return the registration form below to Cassandra Rhone, Spring Lake Park Elementary School Counselor, by November 4.

Please register me for your upcoming Becoming a Love and Logic® Parent Seminars!

Name: _____

Address: _____

Phone: _____

Email: _____

| <i>Child's Name</i> | <i>Age</i> | <i>Teacher</i> |
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This course in parenting is designed to give you practical skills that can be used immediately.